

# CHURCH AND HOME

UNIVERSITY CONGREGATIONAL  
UNITED CHURCH OF CHRIST



4515 16th Avenue N.E., Seattle, WA 98105-4201  
Phone: 206.524.2322 Fax: 206.524.0602  
www.universityucc.org office@universityucc.org

## March Inquirers' Classes

Inquirers' classes are designed for people who are considering joining this congregation, and for people interested in exploring more fully what they believe as they learn about this church's history, beliefs and ministries. The March membership class will be held on **Saturday, March 8 from 9 a.m.-2 p.m.** There will be a potluck and discussion following worship on **Sunday, March 16 at 11:30 a.m.** Joining Sunday will be **March 23.** You must attend the all-day Saturday class to join. If you are interested, sign up in the church office or call Kathy Kripps at 206-522-7847.

## Superfluity 2008 Is the Ultimate Recycling Event of the Church Year

Spring is coming and now is the time to clean out those drawers, closets, cupboards, and garages, and bring items into church that you no longer need and would love a new home. See the insert in this *Church and Home* for details about appropriate items to donate. Bring items to Room 133 at the church. The room will be open on Sundays for you to bring in your items. During the week you can get a key in the church office. Mark **April 10-12** on your calendar to shop at the sale. All proceeds benefit local charities and the recycling benefits the earth.

## Conference-Wide Opportunities

- "Caring for Creation" worship and gathering for central west area congregations is at the Congregational Church of Mercer Island on **Sunday, Feb. 24 from 2-5 p.m.** Call 206-498-6224 for more information.
- "Forgiveness: a Path to Peace Joy and Love" is the title of the Eighth Annual Creation Spirituality Interfaith Retreat at Camp N-Sid-Sen in Idaho on **March 27-30.** Find more information at [www.kohles.com/retreat2008](http://www.kohles.com/retreat2008) or call 208-687-5225.
- "LGBT & Friends Camp" takes place at Pilgrim Firs on **May 30-June 1.** Rev. Dave Shull will lead the program. Call Sue Paules at 206-730-2458 for more information.



## You Are Invited to the Feb. 24 Congregational Meeting to Discuss Budget, Staffing, Vision

We invite all members and friends of University Congregational United Church of Christ to attend the

**Feb. 24** congregational meeting immediately following the worship service. This is an important part of our life together. It's a time when we celebrate the financial commitments we have all made and see how our resources are invested to accomplish the work of UCUC.

We will discuss and approve the 2008 Budget, affirm our leadership team staffing, and hear an update on our collective work on a vision. Come to learn, participate, make decisions, and enjoy time in community. Refreshments will be served and childcare will be provided.

—Marty Curry, Moderator

—John Lewis, Assistant Moderator and Budget Committee Chair

## Meet the Parish Care Board

If you or someone you know has ever received a hot meal during a crisis or a phone call to let them know they were missed, that's the work of the Parish Care ministry. While other groups in our church focus their efforts externally, this group seeks to minister to each member. There are many ways to help. We're looking for volunteers who are willing to make phone calls to members, visit members of our congregation who can no longer attend services, or prepare or deliver a hot meal to a member in crisis.

There are other projects underway. One group plans to train individuals who have survived a life crisis to be a companion to those just beginning a difficult journey. We are also discussing how we might assist members who find it difficult to attend church due to transportation issues. If you'd like to be involved with this ministry, please call Margaret Rose at 206-524-2322.

## Children and Youth

### Youth News

#### Feb. 24 9 a.m. Youth Group

Youth in grades six through 12 are invited to join the Youth Group in the Pilgrim Room. Join us for donuts, discussions and the time to be together.

#### 9 a.m. Caring Conversations Parent/Adult Class

Join fellow parents, grandparents and mentors of youth for "Caring Conversations." This group, facilitated by parents, provides an informal opportunity to discuss questions kids ask (or you wish they would ask) about God, church or the Bible. Meet in the Harrington Chapel. Contact Roberta Hollowell at 206-525-6455.

#### 10 a.m. Worship/ Youth Pew

Youth in grades six through 12 are invited to sit together and with their youth leaders in the Youth Pew during the worship service. The youth pew is located (as you look towards the pulpit) in the middle on the right hand side.

#### 11:30 a.m. Youth Worship Lunch

Kathryn Murdock, Hillary Coleman and Paige Garratt invite youth in grades six through 12 to an informational meeting about this year's youth worship which will take place on **June 15, 2008**. We are looking for youth who are willing to be speakers, readers, musicians, singers or who want to help in any way! Join us in the Pilgrim room. Lunch will be provided.

#### March 2 9 a.m. Youth Group

Youth in grades six through 12 are invited to join the Youth Group in the Pilgrim Room. Join us for donuts, discussions and the time to be together. We will also be training for teaching preschool.

#### 10 a.m. Youth Teach Preschool

Come at **9 a.m.** if you would like to teach preschool. It's a great chance to be with the younger generation of our church. It's also a great way to support our parents of the preschoolers.

#### March 3 7 p.m. Youth Board Meeting

The youth ministry board will meet in room 312. We need more parental/adult participation in this group. We hope you will prayerfully consider joining the board to help in the ministry of our youth and families. Parents or adults who are interested in helping on the youth board are invited to contact Rebecca Ehrlichman at 206-794-1642 or [rebecca.ehrlichman@gmail.co](mailto:rebecca.ehrlichman@gmail.co).

Our pastors' weekly schedule is posted in the church office. **For pastoral emergencies**, please call a pastor at **206-541-7984**, 24 hours a day, seven days a week. **Please call the church office at 206-524-2322 to report any illness, accident, or other situation of concern in our church family that needs pastoral attention.**

### Elementary News

#### Fourth & Fifth Grade Sleepover

All fourth and fifth graders are invited to attend the annual sleepover at the church on **Saturday, March 1 from 5 p.m. until Sunday, March 2 at 9 a.m.** Come and enjoy a pizza dinner, games and a movie. Contact Kathryn Robinson at ([thatkathryn@gmail.com](mailto:thatkathryn@gmail.com)) or 206-723-8276, or Donna Guise at 206-526-7093 or ([donna.guise@mac.com](mailto:donna.guise@mac.com)) by **Feb. 27** to reserve a spot.

#### Birds + Bees + Kids 101 Workshop

How do we talk to our kids about sex? We will be welcoming Amy Lang from Birds + Bees + Kids on **Saturday, April 19 from 10 a.m. to 1 p.m.** This workshop is for parents and caregivers of children ages birth to eight who have yet to broach the topic of sex with their children. The following issues are covered: What to say; when and how to say it; anatomy and physiology; child sex abuse; role playing; personal experience learning about sex, love and relationships; exploring concerns about talking with children about sex, love and relationships; exploring values; resources, and more. We will be providing childcare. Please contact Christa Tinker at 425-497-8569 or [christa\\_tinker@comcast.net](mailto:christa_tinker@comcast.net) if you have any questions, plan to come, or need childcare.

#### Fourth Annual Kids Retreat

Mark your calendars for the fourth annual kid's retreat! The children of the church will have their fourth annual retreat at Pilgrim Firs from **April 2-4**. The cost for three days (and six meals) is \$100 per adult and \$80 per child age four through 12. Children age three and under are free. Scholarships are available to help defer the costs for families to attend.

Each family is asked to plan and implement one activity for the children. For the first time, some of the church youth will attend and help with childcare and supervision and game organization. Contact Donna Guise at [donna.guise@mac.com](mailto:donna.guise@mac.com) or 206-526-7093 to reserve your spot.

## CHURCH AND HOME

Submissions are due before:

**Noon, Monday, Feb. 25** (March 9-16 issue)

**Noon, Monday, March 10** (March 23-30 issue)

Place in *Church and Home* box in the church office, fax to 206-524-0602 or e-mail to:

[ChurchandHome@universityucc.org](mailto:ChurchandHome@universityucc.org)

## Our Church Family

### Gail Crouch Speaks on March 8

Asian and Pacific Islander churches and other ethnic churches add an interesting diversity to the United Church of Christ. Come hear Rev. Gail Crouch as she helps us consider how both the similarities and differences among churches make the UCC a strong and faithful church.

PAAM Northwest invites you to this gathering at **2 p.m. on Saturday, March 8** in Ostrander Hall at UCUC. Hear from the Rev. Mike Denton, the new conference minister for the Pacific Northwest Conference. Meet Mr. Bing Tso, who represents the Central West Area on the PNC Board of Directors. PAAM Northwest is part of PAAM — Pacific Islander and Asian American Ministries of the UCC. Questions? Call Aileen Pruiksmas at 206-363-3872. Please join us in colorful Christian fellowship!

### Discuss *The Fragrance of Faith*

The Theology Book Group will begin reading *The Fragrance of Faith* by Jamal Rahman on **Wednesday, March 5 from 7:30 – 9 p.m.** This book serves as an excellent introduction to the Islamic faith for the average westerner. Jamal has preached with Don Mackenzie in our church and has also been a speaker at Seabeck. Everyone is welcome. For more information contact Laura Fleagle at [lauracf@comcast.net](mailto:lauracf@comcast.net). The Theology Book group meets in the church lounge on the first Wednesday of the month.

### Children and Youth Ministries Support

Each year the Phyllis Swanson Endowment for Children's Ministries supports our ministry with children, youth and families in many ways. In 2007 the endowment supported: our mentoring program strengthening relationships between children, youth and adults; our youth pilgrimage to Iona; growing our intergenerational worship through music, arts, and a new baptismal font; a new preschool curriculum; the advent workshop; a summer youth ministry intern; and support for our programs with our children and youth.

This year the endowment will enable us to expand our intergenerational music experiences, provide support for a Youth Ministries Coordinator, enhance our mentoring program and provide specific program support. What a gift this endowment is to the life of our church! If you would like information on how a bequest can support the life and ministry of the church, please contact David Anderson at 206-524-2322.

***Don't forget to sign up for the new church photo directory.***



### “Trekking to Mt. Everest” Slide Show

Come and enjoy views of our sacred earth in a slide show entitled “Trekking to Mt. Everest” presented by our very own trekkers Virginia Felton

and Jeff Hancock on **March 16 at 11:30 a.m. in Ostrander Hall**. The Sacred Earth Matters group of our church will be providing a light lunch and there will be a drawing for several door prizes. There will be a suggested donation of \$5 to benefit the educational efforts of the Sacred Earth Matters group.

### Maxine Johnston, Church Member

Maxine Johnston suffered a series of minor strokes on Saturday, Jan. 26. She had a weakened right side, and she is almost unable to speak. However, she is still very much mentally alert, and the type of speech deficit she has is usually reversible. She is already able to walk to the dining room for meals, and now is able to use about twenty words.

She would love to get cards. You can mail them to Maxine Johnston c/o of Derek Basham, PO Box 1343, Olympia, WA 98507. She has her ninetieth birthday in June to look forward to, and another great grandchild arriving in September. We are hoping she will be able to move into assisted living soon.

—Tania Basham

Maxine Johnston's Daughter-in-Law

### Educator Jean Illsley Clark to Give Family Workshop

Internationally known educator and author Jean Illsley Clarke will be offering an all-day workshop on **March 15** for parents, teachers, grandparents, aunts and uncles, and anyone else who would like to attend. The workshop, titled “How Much is Enough?” is being offered in conjunction with our Lenten study group theme of “Simple Spirituality” and is designed to help families make good and faithful decisions about the stuff they have, the stuff they want, and the stuff they need.

The morning workshop is titled: “How Much is Enough? Living with the Consumer Group Formerly Known as Children.” The afternoon workshop is titled “How to Say ‘No’ to the Persistent ‘I Want’.” Dr. Clarke focuses on practical approaches, stating that she wants anyone attending her events to come away with tools they can use right away. To sign up for the workshop, please use the form in this *Church and Home*. (If you do not need this form, feel free to pass it on to someone who might use it!) Suggested donation is \$10 per session, or \$15 for the whole event. Scholarships are available.

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Visit our web site: [www.universityucc.org](http://www.universityucc.org)

## Sunday Worship Service

10 a.m.

### V February 24

Preacher: Peter Ilgenfritz  
Scriptures: John 4:5-42

### V March 2

Preacher: Catherine Foote  
Scriptures: Psalm 23  
John 9

### Wednesday Service

Taizé-style worship, 6 p.m.  
University Congregational  
Chapel



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## Sunday, February 24

### Third Sunday in Lent

Sermon: Re-Imagine Church

There is always surprise whenever Jesus shows up. A chance meeting with a foreign woman turns into an out-pouring of questions: Who is my enemy? Who is my friend? Who really knows me? Who do I hide myself from? What is the news I can't help from blurting out? Today, Jesus shows up again, and asks the questions that entice us to re-imagine our lives and our life together.

Worship today is followed by our congregational meeting when we will be invited to imagine a year ahead together and what that will mean for us as God's people. Please join us!

*The chancel flowers are given by Jeanne Martin and Bob Rorschach in honor of Evelyn Crichton.*



## Sunday, March 2

### Fourth Sunday in Lent

Sermon: The Best Questions

Text: "Jesus said, 'I came into this world for judgment so that those who do not see may see. . .'" John 9:39

The story of the healing of a man blind from birth found in the Gospel of John is one of the most complete "healing" stories we have in any of the Gospels. By the time the story has been told, a whole lot of folks have been brought into the adventure: the blind man, his parents the disciples, the religious scholars, and of course, Jesus. Each of these characters bring with them interesting questions about following Jesus—questions that we still ask and try to answer two thousand years later. Join us for worship. We will also celebrate communion on this Sunday.

*The chancel flowers are given by Nancy Hannah and Mary Ellen Smith in memory of Stephanie Donich and Barbara Perlmutter—women who left us too soon.*

## As I See It

### Taking Love to a Wonderful Place

By Mary Elizabeth Maltman

*Turning Point Preschool benefits from the February special offering.*

**V** This “wonderful place” is a long light room in the Turning Point Church of God in Christ Learning Center in South Central Seattle. It's wonderful because, on three mornings a week, a small number of three and four year olds bounce in for a morning of enriched learning activities. This is Turning Point Preschool which gets children ready for kindergarten so they'll be on a par with children privileged to attend private preschool.

First there's a Montessori-based learning hour with pre-reading, pre-math and other learning activities. Then it's time for a story, for snack and for music.

After some energy-burning, outdoor time, the children—who have fascinating names such as Aniyah, Selah and Kalija—rush in to paint, or to play with cars, trucks, toy dishes and dolls. On a recent Friday the children were all seated at a table, tearing up paper to make scales for a Chinese New Year's dragon. A very small Dominic was looking dejectedly at a completely unturned piece of paper, so I sat down between him and Selah to see if I could help. It was Selah's first day at school and she was quiet, with her little pile of paper pieces in front of her. I wondered if she was lonely on her first day—but just then she turned to me with the



most dazzling electric smile. It told me she would be just fine with preschool!

Sometimes this wonderful place is also a hard place when a child comes from a very difficult situation about which we can do little. But at least we can give this child a happy morning. For the most part, the children have parents that are working—often at night because wages are higher.

Turning Point Preschool is a joint project of Turning Point C.O.G.I.C. and many groups in our church. Supporters include the Turning Point Oversight Committee, the Women's Fellowship via Superfluity, the Mission Board, the Outreach Group, and so many church members who give to the Special Offering, and then often again in the fall. This year our own Child Care and Learning Center gave us first choice of wonderful tables, chairs and tricycles as they updated equipment for their changing needs. St. Stephen's Episcopal Church has also provided funds for purchase of the expensive Montessori equipment every time we have asked.

I have found that sometimes when you think you are taking love to a hard place, you find that it is a wonderful place and that love is already there waiting for you. Turning Point Preschool is a place like that, and it only exists because of your support. For the darling little children we serve, thank you so very, very much!

## From the Staff

### The Meaning of Discipleship

By Don Mackenzie

**V** Though the word “discipleship” is a perfect term for what we are doing and thinking during this season of Lent, I don't enjoy the word. It's too close to “discipline.” Am I disciplined? Sometimes. Have I been disciplined? Definitely.

Discipleship, as good as it is, has many negative associations. In addition, it is a “churchy” word. By that, I mean it is a word that we connect to what might be perceived as an empty institution instead of to the vital and vibrant community of faith that we are. Let's think about discipleship for a moment and try to find the opportunity in the problem.

A disciple is one who follows. That is the standard way of defining disciple. Discipleship then is the act of following. The problem is that in the two thousand years of the history of the Christian church, “following” has sometimes meant an uncritical acceptance, sometimes almost a blind faith. Ministers have not helped this per-

ception because even though the early church valued sharing the knowledge and experience of the faith equally, the medieval church found that the ignorance of the laity was power for the clergy. This is completely foreign to Jesus' ministry. There are two strong antidotes to this: Christian education and collaboration between the leadership team and the laity.

Real collaboration between clergy and laity brings new focus and vitality and fun to the practice of ministry. It also reshapes the meaning of discipleship. Certainly the ability to think and act critically about our ministry is key to discipleship today. Being a “follower” of Jesus requires a constant and energizing re-examination of what Jesus' ministry was all about. That is why the discussions about our Vision Statement are so important.

We on your leadership team are providing theological and pastoral leadership on a process that will result in a statement that as closely as possible resembles what we are doing here and who we are, a statement that comes directly from the heart of a collaborative effort between the leadership team and you. We are doing this together.

## The Wider Community

### Conference-Wide Women's Retreat

Women of University Congregational United Church of Christ: you are invited to attend the Pacific Northwest Conference women's retreat this month at Pilgrim Firs starting on **Thursday, Feb. 28 through lunch time on Sunday, March 2**. Our own Tara Barber will be the workshop leader and the theme is "Wade in the Water." So, if you missed the UCUC Women's Retreat or if you want to connect with women from the wider conference, please join us for a fabulous weekend. Register online at the Pilgrim Firs web site at <http://www.pilgrimfirs.org/>.

### Festa della Casa for UCHA Auction

The third annual University Congregational Housing Association dinner and auction with the theme of "Celebrating the Home" is scheduled for **Saturday, March 29** at the Shoreline Conference Center. The event will start at **5:30 p.m.** and will cost \$35 per person. Where else can you get a good Italian meal and wine, live combo strolling musicians called *La Voce di Notte* (Voice of the Night), and an evening of fun for a great cause? Mark your calendar and plan to attend!

Tickets are available every Sunday in March in the narthex, or contact Jan Von Lehe at 206-546-4123 or [vonlehe@comcast.net](mailto:vonlehe@comcast.net). If you have something that you think would make a good auction item or want to make a donation, contact either John Davis at 206-323-1383 or [johnd\\_43@earthlink.net](mailto:johnd_43@earthlink.net) or Nathalie Gehrke at 206-720-6933 or [encanta5@comcast.net](mailto:encanta5@comcast.net).

—Roger Morris  
UCHA President

### Thanks From the Child Care Board

We raised a record-breaking \$1400 for scholarships with the sale of Chinook Books to support the child care programs at University Congregational United Church of Christ. Thanks to everyone who purchased a book. We'll have them for sale next Nov. Plus thanks to all who donated Christmas gifts (among them, brightly colored construction paper, glue sticks and socks) to the two programs. They were warmly received!

—Joan Davis, Chair  
Child Care Board

### UCC Volunteer Ministries 2008

The United Church of Christ offers a host of volunteer opportunities for youth and adults. Learn more about UCC Volunteer Ministries. Call toll-free 1-866-822-8224 or see [www.ucc.org/volunteer](http://www.ucc.org/volunteer).

### Re-Imagining a New Way to Be a Church

Peter Ilgenfritz and Heidi Blythe invite you to join them for a "Festival of Imagination" starting on **Thursday night, Feb. 28 through Saturday, March 1** at Bethany Community Church in Seattle. The conference titled "The New Conspirators: What in the World is God Doing?" is bringing together church leaders who are re-imagining new ways to be a church serving a challenging world. See their website at [www.thenewconspirators.eventbrite.com](http://www.thenewconspirators.eventbrite.com). If you get excited, give Peter a call at 206-524-2322.

### Welcome College of Wooster Chorus

The church is delighted that the College of Wooster Chorus from Wooster, Ohio will be presenting a concert here on Sunday afternoon, **March 16 at 3 p.m.** We are providing housing for them on **Saturday, March 15 and Sunday night, March 16**. If you can host a student or faculty member for these two nights, please contact Liz Engelhardt at 206-522-5203 or [liz@tvaughan.org](mailto:liz@tvaughan.org).

### Crossan Lecture Series Update

Thanks to all for your efforts and support which made the John Dominic Crossan lecture series and Sunday morning a success! Over 450 participated in "God and Empire: the Christian Bible in an Imperial Age" on Friday evening.

On Saturday, 275 folks saw slides and learned more about Celtic Christianity. Dom Crossan reports that this was his biggest Saturday lecture ever. On Sunday at 9 a.m., 270 of us listened to parables and expanded our ideas of the meaning of familiar texts. At worship, we were treated to an 11-minute sermon on "Justice and Love" as two sides of one coin. Many of us were able to ask questions in the question-and-answer sessions, or sermon talk back.

From our surveys, we learned that 277 individuals attended the Crossan lectures who did not attend our Borg event. (The Marcus Borg lectures attracted 376 attendees who did not attend the Crossan lectures.) The number of people attending both lectures was 136. We had 149 members and friends of our church attending one or more of the Crossan lectures. We are excited by the interest in both Borg and Crossan, and by the opportunity to reach out to the wider community.

The Crossan Lecture Planning Committee and Jesus Study Group are thrilled with the response, and grateful to all of you and to the over 60 volunteers for their help. Marcus Borg returns to us on **Feb. 6-8, 2009**, and we are in the process of scheduling John Dominic Crossan to speak on Paul. We look forward to deepening our studies, and continuing our journey together.

—Tina Michalak

Jesus Study Group Lecture Series Coordinator

# It's Time to Order Easter Flowers

To participate in the annual tradition of donating beautiful Easter flowers to decorate the sanctuary, please complete the form below and return it, with your payment, to the church office by Monday, March 10th. You may make donations to this year's Easter flower fund in memory of a loved one or in honored celebration of someone special.

Please check whether you would like to take the plant(s) home with you after the service or if you would like Parish Visitors Board to take the flowers to our church family members who have not been able to attend church services.



Detach Here:

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## 2008 Easter Flower Donation Order



Donor Name(s) \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

I/We would like to donate \_\_\_\_\_ plant(s) at **\$9.00 each**

A check for \$ \_\_\_\_\_ is enclosed

In Memory of \_\_\_\_\_

*(and/or)*

In Honor of \_\_\_\_\_

Please check one:

- Family will take the flowers after the service
- Parish Visitors may take the flowers

*Collectibles, Plant, and Rummage Sale  
Thursday to Saturday  
April 10-12, 2008*



**SUPERFLUITY 2008**

## What Can I Donate?

### Items That Sell Well

- Antiques and collectibles
- Children's clothes and toys
- Games, books, and CD/DVD's
- Plants and garden tools
- Linens, towels, craft items
- Decorative items for the home
- Housewares & kitchen appliances
- Sporting goods
- Jewelry, scarves, and purses
- Baked goods to sell in the bakery
- Tools, small furniture and electronics

### Remember :

**ALL ITEMS NEED  
TO BE CLEAN, IN  
GOOD WORKING  
ORDER AND  
HAVE ALL OF  
THEIR PARTS.**

**All Proceeds benefit  
local charities**

### Things you need to know

#### Donate Now!

Bring donations to room 133 at UGUGG. Pick up key in the church office.

#### How can I help?

- Sorting through donations every Wed. from 10AM-12PM
- Make items to be sold in the Bakery
- Volunteer during the week of the sale.
- Bring friends to the sale

#### Who do I contact?

Please see the back of this announcement for a list of department chairpersons or contact Mary Ellen Smith at 206-525-0494

#### Need Help?

If you are unable to bring your treasures and other items to the church, you may call 206-525-0494 to arrange for someone to pick them up.

#### What not to bring?

Large pieces of furniture, desks, organs, or pianos. Artificial Christmas trees, Christmas lights, dried flower arrangements, rolled up pictures/posters, macrame plant hangers, computers, TVs, encyclopedia sets, readers digest books, text books, skates, tire chains, adult clothes and shoes.

Superfluity Department Chairpersons  
April 10-12, 2008

CHAIRPERSON	Mary Ellen Smith	206-525-0494	<a href="mailto:makeba1@earthklink.net">makeba1@earthklink.net</a>
TREASURER	Nancy Hannah	206-525-0494	<a href="mailto:nlhannah@earhtlink.net">nlhannah@earhtlink.net</a>
<hr/>			
BAKERY	Claudia Patton	206-547-0923	<a href="mailto:cpatton50140@yahoo.com">cpatton50140@yahoo.com</a>
BOOKS + RECORDS, VIDEOS + TAPES	Edith Miller	206-784-3619	<a href="mailto:edynrog@iname.com">edynrog@iname.com</a>
CHILDREN'S CLOTHES, TOYS	Anne Bryson-Beane Betsy George	206-860-4175 (206) 440-8300	<a href="mailto:aecupps@hotmail.com">aecupps@hotmail.com</a> <a href="mailto:brdgeorge@yahoo.com">brdgeorge@yahoo.com</a>
CLEAN UP	Bryan Hollowell	(206) 525-6455	<a href="mailto:hollowells@msn.com">hollowells@msn.com</a>
FURNITURE, TOOLS APPLIANCES, HARDWARE	Carol Christoferson	(425) 385-3974	<a href="mailto:carolmugs@msn.com">carolmugs@msn.com</a>
SPORTING GOODS	Susan Dutro and Will Hultman	206-784-6540	<a href="mailto:sdutro@comcast.net">sdutro@comcast.net</a>
HOUSEWARES	Susan Heck Amy Shirakawa	206-706-0974 206-524-7508	<a href="mailto:susan@hecknet.com">susan@hecknet.com</a>
JEWELRY	Sarah Puckett	(206) 367-2155	<a href="mailto:smpuckett@comcast.net">smpuckett@comcast.net</a>
DECOR	Tricia Tiano	206-524-0410	
LINENS	Sally Pritchard	206-283-2642	<a href="mailto:salpritchard@aol.com">salpritchard@aol.com</a>
PLANTS	Evelyn Crichton Janis Peterson	206-283-3866 206-283-8318	<a href="mailto:ECrichton@aol.com">ECrichton@aol.com</a> <a href="mailto:JanisWes@aol.com">JanisWes@aol.com</a>
PUBLICITY	Jenny Springer	360-275-1767	<a href="mailto:tjspringer@wavecable.com">tjspringer@wavecable.com</a>
SET-UP	Margaret Stine	206-323-2909	<a href="mailto:marge256@comcast.net">marge256@comcast.net</a>
SNACK BAR	Marge Weiss	206-522-5898	<a href="mailto:msw@seanet.com">msw@seanet.com</a>
SORTING	Mary Ellen Smith	206-525-0494	<a href="mailto:makeba1@earthlink.net">makeba1@earthlink.net</a>
TICKET PRE-SALE	Lois Ann Pearson	206-525-1181	
TREASURES	Brenda Mallett Jane Emerson	206-542-4301 206-242-0992	<a href="mailto:bjmallett@comcast.net">bjmallett@comcast.net</a> <a href="mailto:janesemerson@comcast.net">janesemerson@comcast.net</a>



## Jean Illsley Clarke

### How Much is Enough? Parenting Workshop

Saturday, March 15, 2008

#### REGISTRATION FORM

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

e-mail: \_\_\_\_\_

# of People Attending: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

**Registration Deadline  
is March 10th**

Please Circle Which Session(s) You Plan to Attend (each session is 2 hours):

Morning Session: 9:30 a.m.- 11:45 a.m.

How Much is Enough? (The Consumer Group Formerly Known as Children)

Afternoon Session: 1 p.m.-3 p.m.

How to Say "No" to the Constant "I Want."

Both Sessions

Suggested Donation: \$10 for one Session, \$15 for both Sessions.

Please make checks to UCUC.

(Scholarships available. If there is a need, contact Mary Kay Westmoreland at [thewestmorelands@hotmail.com](mailto:thewestmorelands@hotmail.com))

Lunch will be "on your own."

Volunteer Opportunities: Please let Sally Bjornsen know if you would like to volunteer to help in producing this event. She can be reached at [sally@sallyreps.com](mailto:sally@sallyreps.com) or 206-351-4246.



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4515 16<sup>th</sup> AVE. NE, SEATTLE, WA 98105-4201  
PHONE 206-524-2322 FAX 206-524-0602  
[WWW.UNIVERSITYUCC.ORG](http://WWW.UNIVERSITYUCC.ORG) [OFFICE@UNIVERSITYUCC.ORG](mailto:OFFICE@UNIVERSITYUCC.ORG)

## Don't Give Your Children Too Much, Says Jean Illsley Clarke

Award-winning parent educator Jean Illsley Clarke, the author of [\*Time-In: When Time-Out Doesn't Work\*](#), and [\*Who, Me Lead a Group?\*](#), has spent decades designing and conducting workshops on parenting, self-esteem, drug abuse prevention and team building. Today she has a new focus: overindulgence.

What has Clarke learned? That giving your children too much actually hurts them.

"As people who were overindulged as children become adults, there is a huge impact on their confidence level. These are the people who are most likely to report that they don't feel they have control over their children," she notes.

But Clarke's research shows that lavishing children with material things is not the only problem. What deeply concerns her are three other common parenting issues. One is "over-nurturing," when parents do too much for their children and thus prevent the kids from becoming competent themselves—in everything from ordinary household chores to coping skills to developing interpersonal skills.

Another of Clarke's concerns is what she calls "soft structure," when parents provide little discipline and few boundaries—as well as not requiring children to contribute to family life by doing chores. Some parents do the chores themselves because it's faster than trying to teach the children to handle the work; others want to save the kids' time for "important" projects like sports and lessons. The result, however, is that some children aren't taught such basic life skills as washing clothes or balancing a check-book.

A third concern: "Too much, too many," Clarke calls it. "Too many toys, too many camps, too many activities." Not only can rushing from one activity to another be stressful, but children have no down time that they have to learn to fill themselves.

A graduate of the University of Minnesota, Clarke received her master's degree in human development from St. Mary's University. She recently received two alumni awards from the University of Minnesota as well as an honorary doctorate from Sierra University. The mother of three, and also a grandmother, she lives in Minneapolis. Her workshops focus on providing an abundance of practical tools for families and for teachers.

