

THE WEEK AHEAD

Sunday, September 1

8:45-9:45 am, Continental Breakfast, Lounge

10:00 am, Worship, Sanctuary and livestreamed

5:00 pm Digital worship - online

Monday, September 2

Labor Day, Church is closed

Tuesday, September 3

10:00-11:30 am, Bible Study, Zoom

6:15 pm -8:15 pm UCUC Men's Group, Turner Lounge

6:30 pm -8:00 pm Bible Study with Pastor Amy, Zoom

Wednesday, September 4

10:00 am -10:30 am, Prayer Circle, Zoom

6:30 pm-8:30 pm Seabeck Committee meeting, Hybrid

Sunday, September 8

8:45-9:45am, Sunday Continental Breakfast, Lounge

10:00 am, Worship—Sanctuary and livestreamed

5:00 pm Digital Worship, online

Upcoming Memorials

Inge Woods, service on Saturday, Sept 7, 1pm

at Pine Lake Covenant Church, 1715 228th Ave SE, Sammamish, WA
98075

Carla Bailey, Saturday, Sept 28, 2:00pm in the Sanctuary.

Holy Troublemakers: Thich Nhat Hanh and
How to Grow Peace in the Body
September 1, 2024 — 10:00 a.m.



UNIVERSITY CONGREGATIONAL
UNITED CHURCH OF CHRIST



*Journeying together on God's transformative adventure,
following the path of love and justice as revealed by Jesus.*

Online at universityucc.org and YouTube, Facebook, and Instagram
Wifi name: UCUC, password Wire3ss
office@universityucc.org 206-524-2322

Grace and peace to you from God who is Creator, Christ and Holy Spirit. Whether you join us today believing, seeking or doubting, we welcome you to worship with us. We pray that you will be met here by the living Christ.

University Congregational UCC shares as our core values:



We are an intergenerational community, committed to being family-friendly.



We are an Open and Affirming Congregation, welcoming all and explicitly honoring the belovedness of people who are Gay, Lesbian, Bisexual, Transgender, Queer, Intersex, Asexual, and Non-binary.



We are a Creation Justice Congregation, declaring Earth is Sacred. We celebrate the wonders of God’s creation and the intersectional work of protecting communities, eco-systems, and the climate.



We are a racial justice congregation. We do the work to address the impact of racism internally, interpersonally, institutionally, and systemically.

As Christians, we gather with different beliefs and theologies. We are a progressive Christian community that honors our diversity. We also find unity in the way we build community. Our covenant guides this.

Please silence ringers and turn off mobile hotspots, which interfere with our technical system. Thank you.

In our Sanctuary, the balcony is our **mask-required zone**, and our **fragrance-free zone** is the back left side of the Sanctuary. Thank you for considering the needs of our community.



Services are recorded. If you do not wish to be included in a recording, please contact the office or a minister.

Our sanctuary has an induction loop system—use T mode.

Collecting our memories of Pastor Amy

As we move towards a farewell to Pastor Amy, you are invited to join in collecting reflections to celebrate, remember and share about our time together, which we will present to her at her farewell party on Sept 22nd. We’re inviting folks to use the prompts from Amy’s sabbatical journaling project as inspiration:

- ◆ *I am grateful...*
- ◆ *I learned...*
- ◆ *I wonder ...*
- ◆ *I had fun ...*
- ◆ *I commit to ...*

With a further invitation to share a memory that evokes all the senses—what did you smell, hear, taste, see, feel? Don’t just share what happened, share how you felt, what you saw, heard, and ate!

If you have photos to share, we would love to include those as well. Please send your reflections and photos (at the highest resolution possible) to yukonsallydaily@gmail.com. You can also stop by our Narthex table on Sundays, or drop off a card in the office.

This project is coordinated by the Creativity Council.

Seabeck lost and found

On Sept 1 and 8, all of the lost items from Seabeck will be out in the Narthex for you to peruse and take home with you. There are children's and adult clothing, towels, a stuffy and other toys, and even a remote control for a CD player. Anything that is left after the 8th will be taken to a donation center.

Looking Ahead to the Men's Fall Weekend

Nov. 8-10 at Pilgrim Firs Conference Center

Please plan to attend the Men's weekend this fall build male community in our church. The cost will be \$175, and partial scholarships are available. Please sign up at the Men's soup supper (first Tues of each month), the church office, or look for a table in the Narthex. See your weekly email for more information about the weekend.

Connecting with Pastor Amy

After 15 years at UCUC, Pastor Amy has announced that she will be stepping down as Minister of Vision and Stewardship. Her last Sunday with us will be September 22. If you'd like to read the letter that was sent to congregants, you'll find it on our website at www.universityucc.org/whats-up-now.

⇒ Preaching schedule

Amy will be preaching again September 22, which will be her last Sunday worshipping with us. A special time of celebration will follow.

⇒ Special Bible Study with Pastor Amy

Tuesdays Sept 3, Sept 10, Sept 17 from 6:30 pm via Zoom (Link in weekly email)

⇒ Small Group Gatherings

Monday, September 2 (Labor Day)

Hosted by Lynn and Paul Schafer, afternoon gathering, Madrona neighborhood, (up to 10 people)

Thursday, September 12 (note corrected date)

Hosted by Kathy Williams, evening gathering, Capitol Hill Neighborhood (up to 15 people)

Please RSVP for the gathering you would like to attend. (Link in weekly email)

⇒ Senior Sack Lunch

Monday September 9th 12:00 pm -2:00 pm

This is the regularly scheduled lunch for seniors 55+. Amy is the scheduled speaker.

⇒ Individual meetings

You can schedule a 1:1 with Amy using her Calendly app at <https://calendly.com/revroon>

⇒ Amy's Farewell Party!

Sunday Sept 22: O Hall, 11:30 am - we will hold a special celebration of Amy's time with us after her final worship service.

HOLY TROUBLEMAKERS: THICH NHAT HANH AND HOW TO GROW PEACE IN THE BODY

WE GATHER

**please rise in body or spirit*

BELL

PRELUDE "When Peace, Like a River"

Philip P. Bliss

*LAND ACKNOWLEDGMENT

We gather as guests of the Duwamish people on their traditional land that touches the shared waters of other Coast Salish tribes. We understand that their identity and richness of culture are deeply connected with the mountains, valleys, waterways, and shorelines that surround us all.

A land acknowledgment is meaningful when it is coupled with informed action that builds relationships. An example of an action step is found at the back of this bulletin

WELCOME

*PROCESSIONAL HYMN # 84 "This Is the Day"

Les Garrett and anonymous

*SHARING THE PEACE

*RESPONSE HYMN # 524 "This Little Light of Mine" vs 1

African-American spiritual, arr. Jeffrey Radford

*This little light of mine, I'm gonna let it shine.(3 times)
Let it shine, let it shine, let it shine.*

CALL TO WORSHIP

The Van Pelt Family

One: Dear God, teach us how to be Holy Troublemakers.

Many: Guide us in going against the grain.

One: Dear God, let your love live through us.

Many: Especially when it's easier to go with the flow.

One: Dear God, show us when to follow the rules –

**All: But also when to break them,
that we might always ruffle the right feathers,
offend those who need offending,
and trouble all the waters that need troubling.**

*PRAYER OF THE DAY

Catie Light

SONG WITH OUR CHILDREN "A Place in the Choir"

Bill Staines

TIME OF RECONCILIATION AND FORGIVENESS

CALL TO CONFESSION

**Holy God,
We are sorry for the things we've done and haven't done.
Forgive us.**

LISTENING PRAYER

Senior Retreat

October 7-8 2024 Rainbow Lodge

Have you even been to the Rainbow Lodge situated on the flanks of Mt. Si? If so, I'm sure you remember the beauty of the area - tall cedars and fir trees, the lovely gardens and the charming rustic lodge. If you haven't joined us before, make this the year you come to the UCUC Senior Retreat (for 55+).



We're excited to have Cristin Miller, singer, actor, artist, and UCUC member lead our program this year. Join Cristin to explore your own creativity and how it can connect to spiritual practice. Try your hand at a variety of artistic activities as we explore our creative impulses and creativity as a pathway to spirituality. Connect with your sense of play, yourself, and each other through visual art, poetry and music.

Rainbow Lodge has 27 bedrooms on two floors (no elevator) and can accommodate up to 67 individuals with one to three lodges per room. Rates vary by the number of lodgers in each room, with those choosing a single room paying the highest rate.

Look for details on how to register in the coming week's email, or contact Ellen Naden, this year's registrar.

Help with Voter Registration

Our church has committed to being a 100% Voting Faith Community. Our efforts to encourage voting will further social justice during this critical election season of 2024. We are called by Jesus to demonstrate our faith in action and voting is a sacred act!

This week we encourage you to help with voter registration. In addition to this action, check out the many options at Common Power to encourage voting locally and in other states. Links and more info in your weekly email.

Church contact: Joyce Jackson

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SHARING OUR JOYS AND CONCERNS

“To care for and pray for each other in trials of the spirit and in times of joy...”

Each week we share prayer requests as a congregation, both in prayers led by one of the pastors, and on our pew cards. We list the prayers for each other here as a way to continue to hold one another in prayer.

- ◆ For our bookkeeper Su Devan who has shingles.
- ◆ For Children’s Ministry Coordinator Carolyn Johnson-Davis who had a medical incident and is now at home recovering.
- ◆ Mike O’Donnell, a retired and former member of our church staff as custodian. Mike was scheduled for knee surgery but has had to postpone for a year due to a Covid diagnosis, then a heart attack. The heart incident led to heart surgery for a stent implant. He is on blood thinners after the heart procedure, so he cannot undergo knee surgery. He asks for prayers of healing and care.
- ◆ Member Michael Crowley, now living in Montana, requests prayers for beloved friends and family of Robbie Edwards, who died last weekend and his memorial service is on Saturday, 8/31, Harry Sinn, who has been diagnosed pancreatic cancer, and Angela, Harry’s roommate.
- ◆ We remember the family and friends of past member Anne Knapp who had been living in Bellingham for the last several years. Anne died this past week.

THE LORD’S PRAYER

**Our Father, Our Mother, who art in heaven,
hallowed be Thy name.**

Thy kin-dom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread.

And forgive us our debts, as we forgive our debtors.

And lead us not into temptation, but deliver us from evil.

**For Thine is the kin-dom, and the power,
and the glory, forever. Amen.**

ASSURANCE OF GOD’S LOVE

*RESPONSE TO GOD’S LOVE

“Love Has Come to Show the Way”

Matt Maher

Word of God enthroned,

Dwell in us forevermore.

Love has come to show the way.

Hallelujah, peace be with us all.

Love has come to show the way.

SERIES VIDEO

WE PROCLAIM

THE WORD OF GOD IN SCRIPTURE

SCRIPTURE-STORY

John 14:22-27 and an excerpt from Thich Nhat Hanh

“Thich Nhat Hanh and How to Grow Peace in the Body”

Rev. Michael Ellick

*RESPONSE HYMN # 524 “This Little Light of Mine” vs 2
African-American spiritual, arr. Jeffrey Radford

*Jesus gave it to me, I’m gonna let it shine. (3 times)
Let it shine, let it shine, let it shine.*

OFFERINGS FOR THE MISSION OF GOD’S CHURCH Catie Light

*If you are seated on the outside end of the pew,
please find the white binder, sign in, and pass it down.
You can also find a nametag there so we can greet
you by name. As the pad is passed back, take note of
those sitting near you so you can greet them by name.
Looking for a secure way to donate online? Use the
QR code at right, or go to the church website. Thank you!*



*Our September Special Offering benefits the scholarship fund of our
UCUCC Child Care Programs. The scholarships allow the programs to
provide a place where all children, regardless of their family’s financial
situation, will be well cared for, nurtured, and will receive high-quality
educational experiences. Thank you for giving!*

OFFERTORY “I Will Sing a Song of Love”
John Bell, arr. Peter Hilliard
UCUCC Pick-Up Choir, David Nichols, piano

*PRAYER OF DEDICATION

*DOXOLOGY MOVEMENT

*Praise God the source of life and birth
Praise God the one who came to earth
Praise God the Spirit holy flame
All glory honor to God’s name. Amen.*

Worship Tech Team: Jeff Coleman, Mary Sue Galvin, Doug Howlett,
Vince Santo Pietro, and Margaret Stine
Videographer: Anthony Lopez
Rev. Steve Jerbi is on vacation today.

The flowers this week are given by Judy Crosby in loving memory of her
mother, Olive “Stace” Crosby.

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Land Acknowledgment Action Step

We commit to learning about the Duwamish, other Indigenous cultures, and the historical and ongoing oppression of Indigenous peoples. We strive to nurture our relationship with Indigenous peoples, especially our neighbors, by joining their efforts to work for social justice and to care for this land.

In our land acknowledgment, we commit to learning about the historic and ongoing oppression of Indigenous peoples. September 30 is the National Day of Remembrance for Indian Boarding Schools, also known as Orange Shirt Day, which is observed more widely in Canada. This day honors those children who did not return home, the survivors of boarding schools, and their families and communities. When we wear an orange shirt (and specifically an *Every Child Matters* shirt) on September 29 or 30, we remember individuals and communities harmed by boarding schools and commit to a path of reconciliation.

One place to start is by reading the Federal Indian Boarding School Initiative Investigative Report from the Department of the Interior (July 2024). Memories of boarding school experiences are shared from the Road to Healing project on pages 80-88. Conclusions of the findings begin on page 92. As we learn about the impact of federal Indian boarding schools, we can share what we learned with others. The report recommends specific proposals for reconciliation and restitution for which we can advocate with our lawmakers. Find the report by Googling "boarding school report volume 2." Learn more about Orange Shirt Day at orangeshirtday.org or boardingschoolhealing.org/orange-shirt-day.

TODAY'S WORSHIP LEADERSHIP

Bell: Angela Garner

Bearing the Light: The Van Pelt Family

Music Director: Benjamin Rogers **Organist:** David Nichols

UCUCC Pick-Up Choir

Preacher: Rev. Michael Ellick

Clergy: Rev. Amy Roon

Liturgist: Catie Light

PRAYERS OF THE PEOPLE AND PASTORAL PRAYER

You're invited to write a prayer concern on the pink card in the pew rack. Place your card in the offering plate so it can be passed on to the Prayer Chain and the clergy. You are also invited to place prayers in the prayer wheel at the front of the sanctuary. Prayers placed in the prayer wheel will not be shared with the Prayer Chain or the clergy, and when the cylinder is full, they will be shredded and returned to the earth as compost.

THE SACRAMENT OF COMMUNION

INVITATION

BLESSING OF THE BREAD AND CUP

SHARING OF THE BREAD AND CUP

To receive communion, please come forward as indicated by the ushers. If you would like to receive the elements in the pew, a server will bring them to you. The breads we are using are free of gluten, dairy, nuts, and soy. They may contain eggs and sunflower seeds. The juice is 100% grape juice.

COMMUNION MUSIC

HYMN # 336 "Here, O My Lord, I See You Face to Face"

Horatius Bonar and Frederick C. Atkinson

HYMN # 337 "Draw Us in the Spirit's Tether"

Percy Dearmer and Harold Friedell, adapt. Jet Turner

HYMN # 338 "Una Espiga (Sheaves of Summer)"

C. Gabaraín, transl. G. Lockwood, harm. S. Chávez-Melo

WE RESPOND

*OUR COVENANT

Catie Light

Leader: God of Providence and Grace,
in a spirit of memory, thanksgiving and hope:

All: We covenant with You and with one another;

**To seek and respond to Your word and will,
made known and to be made known;**

**To worship You in unity and diversity,
welcoming everyone;**

**To live responsibly within Your creation,
sharing with gratitude the gifts we are given;**

**To care for and pray for each other,
in trials of the spirit and in times of joy;**

**To encourage each other in the growth of
our minds and spirits;**

**To promote Your reign of justice and peace,
meeting hate with reconciling love; and**

**To reject the false gods of society,
proclaiming the gospel of Jesus.**

May God help us and be with us. Amen.

WE GO FORTH

*SENDING HYMN # 589 "Let There Be Light, O God of Hosts"

William M. Vories and William Boyd

*BENEDICTION

*RESPONSE HYMN # 524 "This Little Light of Mine" vs 3

African-American spiritual, arr. Jeffrey Radford

*Everywhere I go, I'm gonna let it shine. (3 times)
Let it shine, let it shine, let it shine.*

*BELL

POSTLUDE

"Sellinger's Round"

William Byrd, arr. Thomas Chesterton

*We invite you to go and take the good news with you into the world—
or you may stay and use this time to listen to the music. Persons of
any age may move to the chancel for a better view of the performers
and their instruments. Our worship leaders look forward to greeting
you after worship.*

Holy Troublemakers About this series

Inspired by the children's book / project "Holy Troublemakers and Unconventional Saints," this worship series reflects on some of our spiritual heroes who rocked the religious boat on behalf of Love and Justice. As compiler and editor Daneen Akers says in the book's preface:

"I want us all to know the stories of people of faith who have been troublemakers for the higher good, people who know that some rules need to be broken to make our society work for everyone, especially those who are most vulnerable. (Jesus comes to mind as a fantastic example of a holy troublemaker.) These are people like the ones Bayard Rustin called for when he said, 'We need, in every community, a group of angelic troublemakers.'"

There are no doubt more angels in this particular order than we can ever list, and each of us may be called to rock the boat for the common good at some point in our lives. But throughout this series we'll focus on a few of our favorites, with an eye for what these unconventional saints have to teach all of us.

Spiritual Practice

Reflect on who some of the Holy Troublemakers are in your life. Maybe it was a high school English teacher, a church custodian, or a stranger you met at a roadside diner once. Who were those people in your life who ruffled the right feathers, or had the bravery and the gumption to say the emperor had no clothes? What did they teach you? How did they teach you? And how might you be called to follow their example?