

THE WEEK AHEAD

Sunday, September 29

8:45-9:45 am, Continental Breakfast, Lounge
9:00 am -10:00 am Youth Group, Youth Room
10:00 am, Worship, Sanctuary and livestreamed
11:30 am -2:00 pm Racial Justice -SEM Initiative Forum, O-Hall
5:00 pm Digital worship – online

Monday, September 30

7:00 pm -9:00 pm Jangchub Choeling Nuns opening ceremony followed by a talk: *The Mandala of Akshobya Buddha*.

Tuesday, October 1

10:00-11:30 am, Bible Study, Zoom
6:15 pm -8:15 pm UCUC Men's Group, Lounge

Wednesday, October 2

10:00 am -10:30 am Prayer Circle Zoom
6:30 pm to 8:30 pm Seabeck Committee meeting, Hybrid

Thursday, October 3

7:00 pm -9:00 pm Chancel Choir Rehearsal, Choir Room

Friday, October 4

7:00 pm -9:00 pm Talk on Four Seals of Buddhism, Sanctuary

Saturday, October 5

1:00-5:00pm - View the completed Mandala, Chapel
4:00-6:00pm - Closing Ceremony for Mandala, Chapel

Sunday, October 6

8:45-9:45am Sunday morning continental breakfast
9:00 am -10:00 am -Youth Group, Youth Room
10:00 am, Worship—Sanctuary and livestreamed
11:30am - Birthday celebration
5:00 pm Digital Worship, online

Weekday Church Office Hours

Monday, Tuesday, Thursday, Friday from 10:00 am – 4:00 pm

Due to security concerns in the neighborhood, our exterior doors are now locked at all times. Please call the church office (206) 524-2322 or the church custodian (206) 612-2144 to be let into the building.

If you would like to request a church key card for easier building access, please email the office and we will set one aside for you.

How to Build the Beloved Community (in 5 Easy Steps):
Worship and Music
September 29, 2024 — 10:00 a.m.



UNIVERSITY CONGREGATIONAL
UNITED CHURCH OF CHRIST



*Journeying together on God's transformative adventure,
following the path of love and justice as revealed by Jesus.*

Online at universityucc.org and YouTube, Facebook, and Instagram
Wifi name: UCUC, password Wire3ss
office@universityucc.org 206-524-2322

Grace and peace to you from God who is Creator, Christ and Holy Spirit. Whether you join us today believing, seeking or doubting, we welcome you to worship with us. We pray that you will be met here by the living Christ.

University Congregational UCC shares as our core values:



We are an intergenerational community, committed to being family-friendly.



We are an Open and Affirming Congregation, welcoming all and explicitly honoring the belovedness of people who are Gay, Lesbian, Bisexual, Transgender, Queer, Intersex, Asexual, and Non-binary.



We are a Creation Justice Congregation, declaring Earth is Sacred. We celebrate the wonders of God’s creation and the intersectional work of protecting communities, ecosystems, and the climate.



We are a racial justice congregation. We do the work to address the impact of racism internally, interpersonally, institutionally, and systemically.

As Christians, we gather with different beliefs and theologies. We are a progressive Christian community that honors our diversity. We also find unity in the way we build community. Our covenant guides this.

Please silence ringers and turn off mobile hotspots, which interfere with our technical system. Thank you.

In our Sanctuary, the balcony is our **mask-required zone**, and our **fragrance-free zone** is the back left side of the Sanctuary. Thank you for considering the needs of our community.



Services are recorded. If you do not wish to be included in a recording, please contact the office or a minister.

Our sanctuary has an induction loop system—use T mode.

ANNOUNCEMENTS

The Statewide Ballot Initiatives: What's at Stake?

Today at 11:30-1:00 O Hall, Zoom

There are four statewide initiatives on the November ballot, and they are deeply consequential. They will affect our state's ability to pursue climate health, economic justice, and care for our children and elders.

Please come learn more about these initiatives, as well as ways you can volunteer and talk to your neighbors and friends!

A light lunch will be provided.

Sponsored by Love & Justice, Racial Justice Activists, and Sacred Earth Matters

Senior Retreat—Last chance to sign up!

Stop at the Narthex table after church if you’d like to sign up for the Senior retreat on October 7-8 at Rainbow Lodge. We have Cristin Miller leading us this year in exploring our creativity and how it can connect to spiritual practice.

A Birthday Celebration

Sunday, Oct 6 after service, Lounge

Longtime member John Coleman is turning 90, and his family would like to invite his church family to celebrate with them! Please join John and the Coleman clan for cake and stories, photos and a hymn sing!”

Congregational Meeting to vote on Lin House Funds

Sunday October 13 at 11:30 pm, hybrid in O-Hall and via Zoom

After a congregational input process that included focus groups, a church-wide survey, and two forums, The Lin House funds distribution team is recommending that proceeds from the sale of the Lin House be divided among the budget, the building, and the endowments with \$155,000 to each area. The Church Council has endorsed this recommendation. Join us after church and vote on this proposal!

Please note the date change—originally this was publicized as October 20.

2025 UCUC All-Women Retreat

The 2025 UCUC All-Women Retreat will take place at Pilgrim Firs, Friday evening Jan 24 to Sunday noon Jan 26., with a silent retreat Thursday noon Jan 23 to Friday afternoon.

Look for more information and registration in late October. Questions: Christina Purdy pyrdina@yahoo.com.

ANNOUNCEMENTS

Sacred Music Project - Fall 2024

As the days grow shorter and colder, how is the spirit communicating to each of us through song? It might be through a favorite hymn, a piece performed at a worship service, or just about anything you heard on the internet, the radio, or while walking down the street. But we want to know what music's most sacred to you this fall?

Rev. Michael will be talking more about this in today's sermon, and we'd love you to name a song or piece of music and letting us know how and why it speaks to your heart.

Write-ups can be emailed to Anthony Lopez at video@universityucc.org; or if you'd prefer to record a video, these can be uploaded to our church Dropbox account, a link to that is in the Friday email. We look forward to hearing from you.

Jangchub Choeling Nuns at UCUC

Monday, September 30 - Saturday October 5th, UCUC

This coming week, we are hosting a group of Jangchub Choeling nuns from Tibet during their Jamtse (Loving Kindness) tour or of the US. They will be building a sand mandala in our chapel throughout the week, beginning with a Blessing of the space and culminating in the dissolution of the mandala.

Schedule of events:

Monday, September 30, 7 to 9pm: Opening Ceremony, Consecration of the Site, followed by a talk: *The Mandala of Akshobya Buddha*.

Tuesday through Friday October 1-4, 9am-noon, 1pm-

5pm: Consecration (Creation) of the sand mandala. Visitors are welcome to observe the mandala in process -

Friday, October 4, 7 to 9pm: A talk by Geshema Yeshe Sangmo on The Four Seals of Buddhism - what are the basic philosophical beliefs of the Buddhist path? *Venerable Sangmo completed the Geshe degree, equivalent to a Ph.D. in Buddhist studies.*

Saturday, October 5, 1-5pm: View the completed mandala.

4pm to 6pm: Closing ceremony, dissolution of the mandala. This event begins at UCUC, and then we will go to Fritz Hedges Waterway Park on Portage Bay (1117 NE Boat St, Seattle, WA 98105) where the sand will be released into the water so the blessings can spread throughout the universe. UCUC and the Dharma Friendship Foundation are organizing this event. For information about the Dharma Friendship organization, go to DharmaFriendship.org.

HOW TO BUILD THE BELOVED COMMUNITY (IN 5 EASY STEPS): WORSHIP AND MUSIC

WE GATHER

**please rise in body or spirit*

BELL

PRELUDE "Dawn" Bela Bartok
Holly Eckert, piano

WELCOME

*PROCESSIONAL HYMN # 259 "A Hymn of Glory Let Us Sing"
The Venerable Bede, transl. E. R. Charles and V. Webb;
"The Agincourt Song," arr. E. P. Biggs, adapt. R. Proulx

*LAND ACKNOWLEDGMENT

We gather as guests of the Duwamish people on their traditional land that touches the shared waters of other Coast Salish tribes. We understand that their identity and richness of culture are deeply connected with the mountains, valleys, waterways, and shorelines that surround us all.

A land acknowledgment is meaningful when it is coupled with informed action that builds relationships. An example of an action step is found at the back of this bulletin

*SHARING THE PEACE

*RESPONSE HYMN # 562 "Take My Gifts" vs. 1
Shirley Erena Murray and Colin Gibson

*Take my gifts and let me love you, God who first of all loved me,
Gave me light and food and shelter, gave me life and set me free,
Now because your love has touched me, I have love to give away,
Now the bread of love is rising, loaves of love to multiply.*

CALL TO WORSHIP

Leader: Out of the Wilderness came the still small Voice.

People: Gentle Wind, Breath of God, Holy Spirit

Leader: The Voice found a home in the Prophets, saying:

**People: "Let my people go," "Let justice roll down like waters,"
and "Walk humbly with God."**

Leader: The Voice came among us in the flesh, saying:

**People: "Just as I have loved you,
so you should love one another."**

Leader: And as we worship today, the Voice grows within us...

People: ...in our praying, in our singing, in our telling.

**All: Gracious God, through the hearing of your Voice,
may we become more than just
a gathering of individuals...
may we become your Beloved Community.**

SONG WITH OUR CHILDREN "Do the Good You Know"

Mike Wilson

THE LORD'S PRAYER

**Our Father, Our Mother, who art in heaven,
hallowed be Thy name.**

Thy kin-dom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread.

And forgive us our debts, as we forgive our debtors.

And lead us not into temptation, but deliver us from evil.

**For Thine is the kin-dom, and the power,
and the glory, forever. Amen.**

Preschool, kindergarten, and elementary children through the fifth grade may leave for time with Children's Ministry at this point.

Hymns copied for large-print bulletins from *The New Century Hymnal* are reprinted under One License #A-706833. All rights reserved, used by permission.

SHARING OUR JOYS AND CONCERNS

"To care for and pray for each other in trials of the spirit and in times of joy..."

Each week we share prayer requests as a congregation, both in prayers led by one of the pastors, and on our pew cards. We list the prayers for each other here as a way to continue to hold one another in prayer.

Spoken Prayers From Sunday 9-22-2024

- ◆ We pray for the joys, tears, and farewells in celebration of Rev. Amy Roon's fifteen-year ministry with us.
- ◆ We pray for the Mwanzo Academy in Rabuor, Kenya, and we hold in our prayers the group of travelers from our church who will be leaving this week to visit there.
- ◆ We hold Rev. Steve Jerbi and his family in our prayers of healing and recovery today. Pastor Steve is home sick with COVID.
- ◆ We hold in prayers of joy Margaret Irribarra-Swanson as she has traveled to Missoula, Montana to be with and support our member and friend Erin Williams who is now married to Matthew Johnson! Congratulations!
- ◆ We hold in our prayers the family and many friends of member Cathy Gunstone who died on Wednesday, September 18th. We pray for her daughter Kristi and granddaughter Grace as they mourn Cathy's passing.
- ◆ We hold in prayer the family and friends of long time member Marge Weiss who passed away on Tuesday, September 10th. Please hold her family in your thoughts and prayers.
- ◆ We pray for the Coleman family. We especially remember Sunny Gervan, wife of Don Coleman, and daughter-in-law to John, and sister-in-law to Ed, Carol, Jeff and Lisa, as Sunny's father, Mac Gervan died Friday morning, September 20th from injuries due to being struck by a vehicle while walking his dog.

“Dawn” is by Bela Bartok. Copyright © 1962 Consolidated Music Publishers, Inc. All rights reserved.

“A Hymn of Glory Let Us Sing” words are by The Venerable Bede (673-735). St. 1-2, translated by Elizabeth R. Charles (1858); st. 3 is translated by Benjamin Webb (1854). The music is “The Agincourt Song,” (c. 1415), arr. E. Power Biggs (1947), adapted Richard Proulx (1985). Music Copyright © 1947 Theodore Presser Company. Adaptation Copyright © 1985 by G.I.A. Publications, Inc. Podcast and streamed with permission under One License #A-706833. All rights reserved.

“Take My Gifts” words are by Shirley Erena Murray (1991). Music is by Colin Gibson (1991). Copyright © 1992 by Hope Publishing Co., Carol Stream, IL 60188. Podcast and streamed with permission under One License #A-706833. All rights reserved.

“Do the Good You Know” is by Mike Wilson, Copyright © Plank Road Publishing. Podcast and streamed with permission under WorshipCAST License #13008. All rights reserved.

“Love Has Come to Show the Way” is by Matt Maher. Copyright © 2000 Matt Maher. Podcast and streamed with permission under One License #A-706833. All rights reserved.

“Rejoice and Sing” text is based on Psalm 30:11 and Zephaniah 3:14-17,20. It is set to music by Karen Marolli. Copyright © 2023 Birnamwood Publications, a Division of MorningStar Music Publishers, Inc. Podcast and streamed with permission under Worshipcast License #1826938. All rights reserved.

“We Praise You, O God” words are by Julia C. Cory (1902). Music is from Valerius, *Nederlandtsch Gedencklanck* (1626). This piece is in the public domain.

“If Music Be the Food of Love” text is by Henry Heveningham, set to music by David Dickau. Copyright © 2020 Colla Voce Music, Inc. Podcast and streamed with permission under Worshipcast License #1826938. All rights reserved.

Doxology melody is by Louis Bourgeois (1551). This piece is in the public domain.

“Now Thank We All Our God” words are by Martin Rinkart (1647), translated by Catherine Winkworth (1858). Music is by Johann Crüger (1647), harmonized by Felix Mendelssohn (1840). This piece is in the public domain.

“Brisk Game” is by Dmitri Kabalevsky. Copyright © 1963 Consolidated Music Publishers. All rights reserved.

TIME OF RECONCILIATION AND FORGIVENESS

CALL TO CONFESSION

O God, whereas you looked at your beloved creation and said, “it is good,” we have at times looked at that same creation and rejected its beauty and inherent goodness. We have judged our neighbors. We have not fed the hungry, given drink to the thirsty, or shelter to the stranger because of how they looked or the inconvenience of their need. But today is a new day. Speak to us, that your will might live through us.

LISTENING PRAYER

ASSURANCE OF GOD’S LOVE

*RESPONSE TO GOD’S LOVE

“Love Has Come to Show the Way”

Matt Maher

*Word of God enthroned,
Dwell in us forevermore.
Love has come to show the way.
Hallelujah, peace be with us all.
Love has come to show the way.*

ANTHEM

“Rejoice and Sing”

Karen Marolli

SERIES VIDEO

WE PROCLAIM

THE WORD OF GOD IN SCRIPTURE

SCRIPTURE READING Colossians 3:12-17

Lynn Schafer

Leader: For the Word of God in scripture,
for the Word of God among us,
for the Word of God within us,

All: Thanks be to God.

SERMON "Worship and Music"

Rev. Michael Ellick

*HYMN # 420 "We Praise You, O God"

Julia C. Cory and Valerius

PRAYERS OF THE PEOPLE AND PASTORAL PRAYER

You're invited to write a prayer concern on the pink card in the pew rack. Place your card in the offering plate so it can be passed on to the Prayer Chain and the clergy. You are also invited to place prayers in the prayer wheel at the front of the sanctuary. Prayers placed in the prayer wheel will not be shared with the Prayer Chain or the clergy, and when the cylinder is full, they will be shredded and returned to the earth as compost.

*RESPONSE HYMN # 562 "Take My Gifts" vs. 2

Shirley Erena Murray and Colin Gibson

*Take the fruit that I have gathered from the tree your Spirit sowed,
Harvest of your own compassion, juice that makes the wine of
God,
Spiced with humor, laced with laughter – flavor of the Jesus life,
Tang of risk and new adventure, taste and zest beyond belief.*

an orange shirt (and specifically an *Every Child Matters* shirt) on September 29 or 30, we remember individuals and communities harmed by boarding schools and commit to a path of reconciliation.

One place to start is by reading the Federal Indian Boarding School Initiative Investigative Report from the Department of the Interior (July 2024). Memories of boarding school experiences are shared from the Road to Healing project on pages 80-88. Conclusions of the findings begin on page 92. As we learn about the impact of federal Indian boarding schools, we can share what we learned with others. The report recommends specific proposals for reconciliation and restitution for which we can advocate with our lawmakers. Find the report by Googling "boarding school report volume 2." Learn more about Orange Shirt Day at orangeshirtday.org or boardingschoolhealing.org/orange-shirt-day.

TODAY'S WORSHIP LEADERSHIP

Bell: Angela Garner

Music Director: Benjamin Rogers **Organist:** David Nichols

Chancel Choir

Guest Musician: Holly Eckert

Preacher: Rev. Michael Ellick

Clergy: Rev. Steve Jerbi

Liturgist: Lynn Schafer

Stewardship Moment: Jessie McAbee

Worship Tech Team: Jeff Coleman, Mary Sue Galvin, Doug Howlett,
Vince Santo Pietro, and Margaret Stine

Videographer: Anthony Lopez

David Nichols is away today.

The chancel flowers today are given in memory of Carla Bailey by her family.

might live into them more fully. Yet in an era of unprecedented division, hate speech, and hate crimes, these core ministries are much more than just administrative buckets. They are ways for us to embody the Beloved Community in our local church context.

Spiritual Practice

These days it's easy for us to say what we're *against* but sometimes much harder to say what we're *for*. But when we only name what we're against, what we're against sets the tone and agenda for all our thoughts and actions in the world (and there's always the danger of becoming a mirrored reflection of what we're fighting).

So let this be a season of discernment: **what is it that you're for?** Where and how are you called to nurture and to serve the Beloved Community, and how do you embody that not just in theory, but in practice? Implicit here is the old Protestant notion that we are called to be "a priesthood of all believers." We explore what that means more closely, but it recognizes that all of us have holy gifts to give the wider community, and that we thrive when we are given space and context for those gifts to be recognized, appreciated, and received. **What are your holy gifts, and how might you offer them to your church and/or your wider community in the year to come?**

Land Acknowledgment Action Step

We commit to learning about the Duwamish, other Indigenous cultures, and the historical and ongoing oppression of Indigenous peoples. We strive to nurture our relationship with Indigenous peoples, especially our neighbors, by joining their efforts to work for social justice and to care for this land.

In our land acknowledgment, we commit to learning about the historic and ongoing oppression of Indigenous peoples. September 30 is the National Day of Remembrance for Indian Boarding Schools, also known as Orange Shirt Day, which is observed more widely in Canada. This day honors those children who did not return home, the survivors of boarding schools, and their families and communities. When we wear

OFFERINGS FOR THE MISSION OF GOD'S CHURCH

Lynn Schafer and Jessie McAbee

If you are seated on the outside end of the pew, please find the white binder, sign in, and pass it down. You can also find a nametag there so we can greet you by name. As the pad is passed back, take note of those sitting near you so you can greet them by name. Looking for a secure way to donate online? Use the QR code at right, or go to the church website. Thank you!



Our September Special Offering benefits the scholarship fund for Trettin Early Learning Center in our building. The scholarships allow Trettin to provide a place where all children, regardless of their family financial situation, will be well cared for and will receive high-quality educational experiences. If you are interested in being more involved with Trettin, its Board of Directors always welcomes new Church members! Thank you for giving.

OFFERTORY "If Music Be the Food of Love"

David C. Dickau

*PRAYER OF DEDICATION

*DOXOLOGY MOVEMENT

*Praise God the source of life and birth
Praise God the one who came to earth
Praise God the Spirit holy flame
All glory honor to God's name. Amen.*

WE RESPOND

*OUR COVENANT

Lynn Schafer

Leader: God of Providence and Grace,
in a spirit of memory, thanksgiving and hope:

All: We covenant with You and with one another;

**To seek and respond to Your word and will,
made known and to be made known;**

**To worship You in unity and diversity,
welcoming everyone;**

**To live responsibly within Your creation,
sharing with gratitude the gifts we are given;**

**To care for and pray for each other,
in trials of the spirit and in times of joy;**

**To encourage each other in the growth of
our minds and spirits;**

**To promote Your reign of justice and peace,
meeting hate with reconciling love; and**

**To reject the false gods of society,
proclaiming the gospel of Jesus.**

May God help us and be with us. Amen.

WE GO FORTH

*SENDING HYMN # 419 “Now Thank We All Our God”

M. Rinkart, trans. C. Winkworth; J. Crüger, harm. F. Mendelssohn

*BENEDICTION

*RESPONSE HYMN # 562 “Take My Gifts” vs. 3

Shirley Erena Murray and Colin Gibson

*Take whatever I can offer – gifts that I have yet to find,
Skills that I am slow to sharpen, talents of the hand and mind,
Things made beautiful for others in the place where I must be:
Take my gifts and let me love you, God who first of all loved me.*

*BELL

POSTLUDE “Brisk Game”

Dmitri Kabalevsky

Holly Eckert, piano

*We invite you to go and take the good news with you into the world—
or you may stay and use this time to listen to the music. Persons of
any age may move to the chancel for a better view of the performers
and their instruments. Our worship leaders look forward to greeting
you after worship.*

How to Build the Beloved Community (in 5 Easy Steps)

About this series

At the heart of our prophetic tradition is a spirituality that focuses not just on the individual’s relationship with God but on the whole community’s relationship with God (and with one other). This grows out of the recognition that for the “kin-dom of heaven” to become real in our world, it can’t just be found *inside* us; it must also be found *between* us. As people of faith, we’re called to be in right relationship with all our neighbors, recognizing the presence of God in all beings, and developing meaningful ways of embodying the path of Love and Justice *in community*. In this worship series, we explore how this calling gets lived out at UCUC through our Five Core Ministries: 1) Calling & Engagement, 2) Christian Formation, 3) Worship & Music, 4) Love & Justice, and 5) Stewardship. Each week, we’ll take a closer look at each of these ministries, lift up the good work they do, and imagine how we